Cillo

The Healing Power of Intuition

The Seven Principles of Spiritualism

- · The Fatherhood of God
- The Brotherhood of Man
- The Communion of Spirits and the Ministry of Angels
- The Continuous Existence of the Human Soul
- · Personal Responsibility
- Compensation & Retribution hereafter for all good or evil deeds done on Earth
- Eternal progress open to every Human Soul

November 2014

Inagine With all Believe With all Achieve With all Sour heart. Your might.

"I truly believe that everything that we do and everyone that we meet is put in our path for a purpose. There are no accidents; we are all teachers - if we're willing to pay attention to the lessons we learn. Trust your positive instincts and do not be afraid to take risks or wait for some miracle to come knocking at your door." Marla Gibbs

Do you have an idea that you would like to see featured in the newsletter? Do you want to comment on something featured here? Please contact Donna at dmburke1@shaw.ca.



The Spiritualist Fellowship Board 2014

President, Richard MacKenzie; Vice President, Debbie Cielen; Secretary, Sandi MacKenzie; Treasurer, Nancy Vogt; Social Convener, Steve Morris; Members-at-Large, Andre Girouard, Yvonne Girouard

Inside this issue:

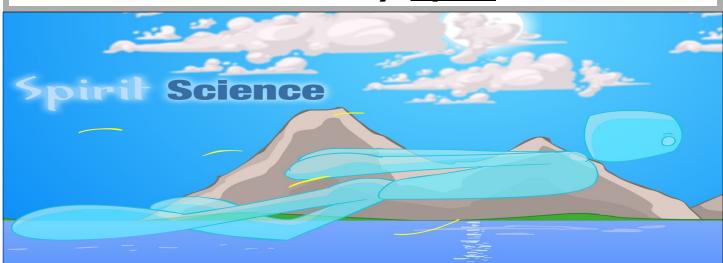
Spirit Science—Thoughts	2
Classes and Events	3
Where Healing Begins	4
Children's Letters to God	
Who is Babaji?	5
Business Cards	6

Spiritualist Fellowship Church
Unity Church 300 Arlington Street
Sunday Services
Healing: 7-8 pm
Worship & Mediumship: 8-9pm
spiritualistfellowshipchurch.info

Spiritualist Fellowship Church Spiritualist Fellowship Church

Page 2 Spirit Talks

Mind-Body-Spirit



Spirit Science 1 - Thoughts from the website spiritscience.net

You can have, do, or be, ANYTHING you want. In the first ever Spirit Science episode ~ Patchman dives into the unknown by discussing a very simple topic. Thoughts, Emotions, and the power that they bestow upon you. Or rather, how you can empower yourself to live in the moment by controlling your thoughts and emotions, and guiding yourself the way that you want to be guided, rather than allowing modern society to tell you how to feel and what to think.

For you really are not your thoughts, but the awareness of those thoughts, and the creator who can put thoughts together to form actions, and change the world!

The discussion actually goes a LOT deeper than just that though. The best way to learn is to ask some questions. So we could ask "Are we our thoughts?", "Are we even our emotions?" To me, Our thoughts and emotions are like clouds that move through the sky, where as we would be the sky itself. We are the Awareness of our thoughts, and the awareness of our emotions too.

I think what happens is that we get distracted by a lot of Thoughts because we don't know which ones are ours or others. Do you ever get mad by being next to someone who's mad, like in an elevator or a car maybe? Or if you're next to someone happy, they bring you up and you feel happy?

It's all information and vibration, and if we practice becoming aware of our thoughts, and pay more attention to ourselves, we can actually learn to interact and engage in the world in a bigger way than we could before!

If you say "I want to do THIS" but you don't see a way to make it happen just yet, the first step would be asking some questions, and becoming aware of just HOW to do it.. I'd like to share something with you. While I was traveling, I came across a book called "Awakening the Buddha Within". Buddhism, if you don't already know – is a path of inward reflection. Guiding yourself from the Light within, and becoming aware of yourself as a being, and your infinite connection to everything.

It's a really great book, and I thought it would be good to recommend! You can get a copy on Amazon for pretty cheap too.

The book was written by an amazing American man who left his home to go to Tibet and became a Lama, which is a great Spiritual Teacher. When I say teacher... what I mean is someone who knows they can never stop learning.

Just as you create your own reality, we are also co-creating our realities together. We are a collective! As a community, a city, a country, and a species, we decide where we want to go and how we want to flow. It is up to us to decide what happens next in the epic tale that is the human race, and change starts on an individual level.

Author: Jordan X

Mind-Body-Spirit

Classes and Events

The annual cost of Membership with the Spiritualist Fellowship Church Inc. is:

\$15 for single

\$20 for family



New members are always welcome!

The Peoples Bear Sweat lodge Ceremony Sundays, November 30 and December 28, 2014 from

10am to 1pm at St. Norbert Arts Centre, St. Norbert MB. please contact Debbie for more information.

Good Talking Turtle is requesting a love offering of \$20 to raise money to purchase a 30x30 tarp and pay for costs of wood and rental of property. If you have any old comforters or large blankets you would like to donate they are gratefully accepted.

There are a few guidelines and courtesies for participants. You should abstain from alcohol or drugs for at least four days prior to the **Sweat lodge**. It is very important that you inform the **sweat lodge** conductor of any health problems such as asthma or high blood pressure.

What to wear and bring to the

Sweat lodge Ceremony:

*** Tobacco for offering & Towel and small blanket ***

Men wear longer boxing style swimming trunks or shorts.

Women wear long, dark color, dress like garments.

Clothing must be metal free. Remove all metals—earrings, rings, necklaces, etc. Bring your own bottled water and a snack to share with others after the Sweatlodge. Please call **Debbie at 204-633-7957** for information..



SPIRITUALIST FELLOWSHIP CHURCH

Centre of Learning and Light 2014 Classes & Workshops



\$15 per class unless otherwise posted

All classes and events are held at Unity Church, 300 Arlington St, unless otherwise advertised. Call 204-222-0071 for more info.

Release your Trapped Emotions for Abundant Health - (Mondays) December 1, 8, 15 7-9 pm \$15 per class

Dream Catcher Workshop Tuesday December 2, 2014 7-9 pm Cost for workshop \$20 plus Cost for workshop supplies is \$30

Meditation Level 1 - (Tuesdays) December 9 & 16, 2014 7-9 pm \$15 per class

SPIRITUALIST FELLOWSHIP CHURCH SOCIAL EVENTS



MOVIE NIGHT on Saturday November 29 5 pm—10 pm Bring some finger food to share and enjoy the show. Movie TBA



CHRISTMAS POTLUCK & FUN AUCTION Saturday December 13 5 pm—10 pm Turkey will be supplied by the Church Bring a dish to share and bring a Spiritual Item for the Fun Auction!

Ask. Believe. Receive.

Centre of Light and Learning

Provides educational programs for all persons, regardless of religious background, who desire to understand and to dedicate themselves to personal spiritual growth and development in an atmosphere of informed free thought and inquiry.

Did you know that the Spiritualist Fellowship Church, and The Centre for Light and Learning, are now on-line and on Facebook? Visit us at Winnipeg.kijiji.ca or like us on Facebook and you'll be able to keep current on all upcoming events. The site contains information about future classes, Church projects, and calendars. Take some time to check it out.

The Spiritualist Fellowship Church and The Centre of Light and Learning



Are pleased to announce that private 15 minute Psychic Readings will be available each Sunday prior to the Evening Service from 6:30 pm to 7:30 pm. A donation of \$15 per person for a 15 minute reading is requested

Page 4 Spirit Talks

WHERE HEALING BEGINS

When a mother reaches out to a child in distress, this is love in action. She does not have to think about it because, like all loving gestures, it comes from the heart and is unconditional and automatic. This is the basis of all healing, for the heart is the place of soul.

We are all spiritual beings who have chosen to experience life in a physical universe. This means that we can choose to be so immersed in life that we can forget who we really are. Soul alerts us to this situation through a system of warning signals that may occur at the level of the body or the mind, or both. In most cases, we interpret these signals as sickness. They are the alarm call that we have lost our connection with the sacred, the source of life and love. Thus there is a direct link between our spiritual origins, our love for ourselves and each other, and our health. It is the task of spiritual healing to restore this link when it has become weakened or apparently broken.

When we reach out to help one another, the intent begins with the mind, but it is the heart that galvanizes the energy and puts it to work. When the focus is healing, the spiritual source of healing energy is tapped, and the heart and hands guide it to where it may be needed. With intention, the loving touch of comfort and reassurance gains the power to become the healing touch. Such focused energies address the cause of sickness or distress, and their effects may appear at the levels of body, emotions, or mind.

Healing is as old as humanity and its gesture appears in all forms of "hands-on" therapy. The techniques of spiritual healing can be learned and the impulse of loving service is in every person's heart. All you have to do is open your heart to awaken your natural ability to transmit energy and to create a channel for it.

An excerpt from author Jack Angelo's book "Spiritual Healing: A Practical Guide for Hands On Healing"



CHILDREN'S LETTERS TO GOD

Dear God, I read the Bible. What does begat mean? Nobody will tell me. Love, Allison.

Dear God, Maybe Cain and Abel wouldn't have killed each other if they had their own rooms. That's what my Mom did for me and my brother. Larry.

Dear God, I bet it is very hard to love everyone in the whole world. There are only 4 people in our family and I'm having a hard time loving all of them. Nan.

Dear God, Are You really invisible or is it just a trick? Lucy.

Dear God, Did You mean for the giraffe to look like that or was it an accident? Norma.

Dear God, I think about You sometimes, even when I'm not praying. Elliot.

Dear God, My brother told me about being born but it doesn't sound right. They're just kidding, aren't they? Marsha.

Dear God, I didn't think orange went with purple until I saw the sunset You made on Tuesday. That was cool. Eugene.

Page 5 Spirit Talks

Who is Babaji?

This is a picture of The Archangel Uriel who is called The Mahavatar Babaji in The East. Haidakhan Wale Baba lived in the foothills of the Himalayas, in the Kumaon region, birth place of many of India's great saints. He was acknowledged as Shiva Mahavatar Babaji, the eternal manifestation of God in human form.

Babaji's recent physical manifestation was between 1970 to 1984, when He appeared in a holy cave at the foot of the Kumaon Mount Kailash in a remote village called Haidakhan. Many people, from all over the world, have mystically been drawn to Babaji through extraordinary events, dreams and visions and are receiving His Blessings.

Babaji urged the people to "follow the religion that is in your heart." He said "every religion leads to the same divine goal" and that he had come to revive the eternal and ageless religion, the Sanatan Dharma; the three basic principles: Truth, Simplicity, and Love. He emphasized constant repetition of the ancient Sanskrit maha mantra OM NAMAH SHIVAYA - "Lord Thy Will Be Done."



Shri Babaji is acknowledged as the Shiva Mahavatar Babaji described by Paramahansa Yogananda in "Autobiography of a Yogi': a Mahavatar being a human manifestation of the Divine who can materialize a body at will. Babaji's devotees believe that He has continually manifested since Creation to help Humanity. One manifestation of Babaji was around 1800 at which time He traveled extensively in the Kumaon region of the Himalayas, gathering his devotees and disciples around Him. In 1922 He traveled to the meeting place of the Kali and Gori Rivers, seated Himself on the surface of the water and disappeared in a ball of light.

His latest manifestation was between 1970 and 1984, and was foretold by a great Saint, Mahendra Baba, who following a lifelong search for Babaji, experienced a miraculous meeting with Him at Siddhashram, near Ranikhet in Uttar Pradesh, India. Thereafter, Mahendra Baba devoted himself to traveling through India prophesying Babaji's return.

Babaji appeared in 1970, as a youth of 18 or 20 years, in a holy cave at the foot of Kumaon Mount Kailash at Haidakhan, near Haldwani in Uttar Pradesh, India. His divine power was experienced in many ways: in September of 1970 He ascended Mount Kailash and sat on the summit without food or sleep for 45 days; several people saw Him simultaneously in different places; He healed the sick; He brought transformation into many people's lives.

Babaji spent most of His 14 year incarnation at Haidakhan where he established a beautiful ashram, and near the village of Chilianaula, near Ranikhet, He built a large and breathtakingly beautiful Temple and Ashram overlooking the Himalayas.

Babaji taught that He had come to revive the Santana Dharma, the ageless Eternal Religion from which all religions have come. He stressed three basic principles: Truth, Simplicity and Love. He emphasized constant repetition of the mantra "Om Namah Shivaya", "I surrender to God", and selfless service to Mankind.

Many people have been drawn to Babaji and many spiritual centers in the West have been dedicated to Babaji and His teachings. Thousands of people all over the world have received Babaji's blessings and have been called to the spiritual path through extraordinary events, dreams and visions.

Babaji left his body on 14 February 1984. He had come to give a message to the world, and having done this, He left. His last message was: "I am always with you."

Sourced from Babaji.net— a website that is dedicated to presenting the teachings of Shri Haidakhan Babaji for the purpose of uplifting humanity. For additional information on Babaji visit http://www.angelweb.info/babaji.shtml

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Images, Symbols and Intuition for Exploring Possibilities and Opportunities

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